

The seeds of our future are taking root right now, for better or worse. This page shares better, forward-thinking ideas and celebrates significant environmental achievements that can help us lead the way in creating the Niagara Escarpment as a healthy, sustainable example of a thriving World Biosphere Reserve.

BUS SERVICE TO NATURE PARKS

Parkbus is a non-profit bus service providing four-day-a-week **express travel from Toronto to Lion's Head and Bruce Peninsula National Park**, as well as Algonquin, Killarney and Grundy Lake Provincial Parks. Return fares are about \$85 before HST.

REUSABLE COFFEE JARS DELIVERED BY BIKE

Coffeecology of Hamilton offers an **environmentally friendly way for coffee lovers to get their fix**. Customers can order online, fair-trade, organic coffee either ground or beans, in reusable Mason jars. Delivery is by bicycle from The Hammer Active Alternative Transportation (THAAT). Those on the Escarpment are reached by the use of electric bikes that give a boost just where needed. And the dusting on top: half the proceeds go to the charity Coffee Kids.

EAGLES NEST IN COOTES PARADISE

A pair of bald eagles, the first to nest on the north shore of Lake Ontario in decades, have successfully hatched chicks. Their birth signifies that **the environment is improving in the area**, and there is hope that the restoration efforts made at Cootes Paradise Nature Sanctuary might encourage other species to breed their young here.

PROTECTION SOUGHT FOR NIAGARA ESCARPMENT IN NEW YORK

The Western New York Land Conservancy is aiming to **protect their part of the Niagara Escarpment**. Having successfully protected over 5000 acres of land, the Conservancy has now started grassland restoration projects along the Escarpment. A 36-acre preserve, the Conservancy's first Escarpment property, has already been protected.