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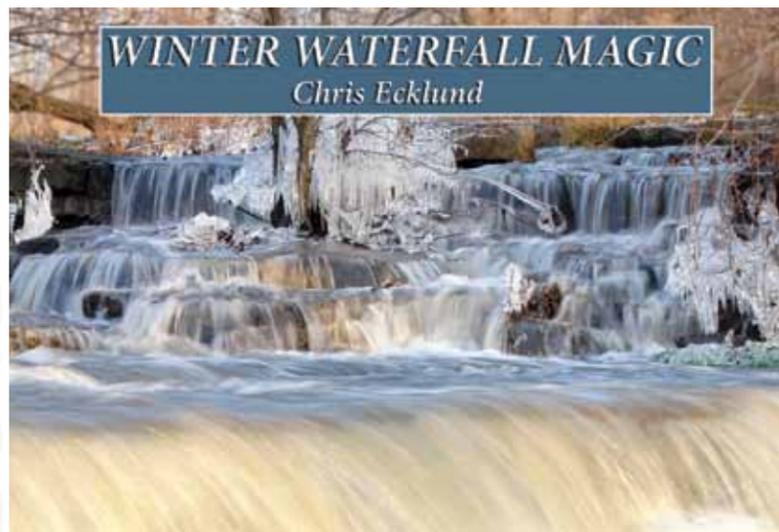
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## Book Views: Waterfalls in Winter

By Gloria Hildebrandt



### Winter Waterfall Magic

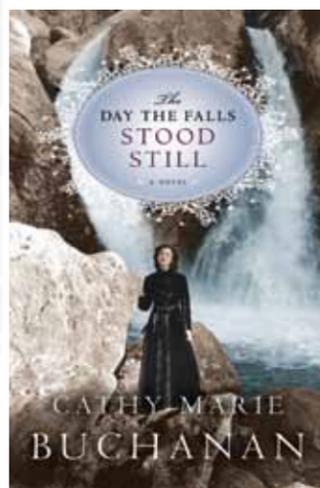
By Chris Ecklund

The people who brought us *Hamilton: The City of Waterfalls*, the book that documents their claim that Hamilton is the waterfall capital of the world, have assembled photographs of most of the waterfalls in winter. They show a stronger kind of beauty with cascades of water frozen close to moving water, and tumbled rocks and boulders covered in snow or providing dark contrasts where they are exposed.

Hiking to these falls could be treacherous during icy conditions, but the rewards are a peaceful stillness apart from the sounds of rushing water, the cleanest of fresh air, and of course great photographic opportunities.

The photo of Little Davis Falls by Dan Court captures the depths photographers go to: another photographer lies on his back, boots braced along a fallen tree branch, camera pointing at the foaming water only inches away.

Ecklund Marketing Group, 2009, softcover, \$30.



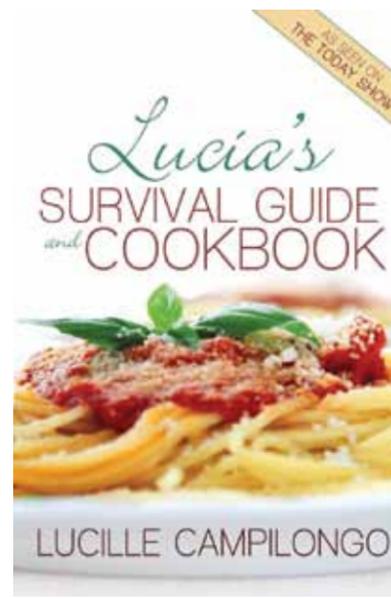
### The Day The Falls Stood Still

By Cathy Marie Buchanan

This is a completely engrossing first novel inspired by some true events. A love story set during the First World War, it is also a fascinating introduction to some history of Niagara Falls, including daredevils who shot over them, rescues of some of the thrill seekers, and the controversy over using the falls for hydroelectric power. Historical photos and news items that look like real accounts taken from newspapers add to the authentic feeling of this imagined story.

The author has written an entertaining escape that also delivers intelligent food for thought. Look for this book.

HarperCollins Publishers Ltd.,  
2009, softcover, \$22.99.



### Lucia's Survival Guide and Cookbook

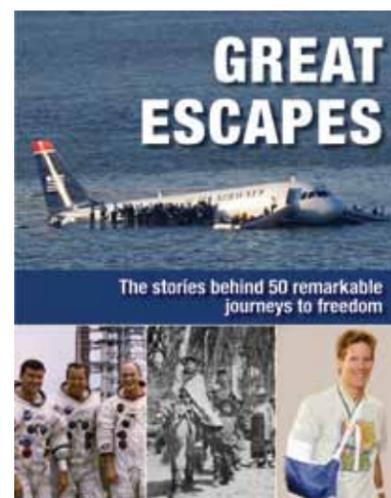
By Lucille Campilongo

This is a book I wish I had had when I shared my first apartment in university. It lists staple food items and household supplies to keep in stock, what to look for before renting an apartment, how to clean it when you have rented it, and how to wash and iron clothes.

The biggest and most important part of the book is super-easy recipes that look like they produce delicious meals. There's a definite Italian focus to this home cooking, but what's not to like about that? There are plenty of vegetarian options that I mean to try: marinara and putanesca sauces, pasta with browned zucchini, fancy mashed potatoes, breaded cauliflower, and frittata.

This book had its start 29 years ago, when the author's daughter was leaving for a year abroad and the mother realized that she had not taught any basic housekeeping skills. She wrote a how-to notebook that the daughter used and treasured for years. The notebook turned into this survival guide that domestically challenged women and men of any age are sure to find a revelation.

iUniverse, 2009, softcover, \$15.20



### Great Escapes

By Scott Christianson

These 50 stories of amazing escapes are so suspenseful that they're hard to put down. The historic escapes documented here were from harsh natural conditions, kidnappers, oppressive regimes, prisons, disasters, and scenarios from World War II and more contemporary warfare.

Some escapes are famous: the hiker in Utah who cut off his hand after being trapped by a rock for days; "The Great Escape" from a W.W.II German prisoner-of-war camp, and "the miracle on the Hudson" that saved all air passengers forced to make a crash landing. Other escapes are less well-known: a kayaker who became trapped under water until he was able to break his leg and free himself; a German soldier sent to a Siberian work camp whose escape route back home took him three years; and a man trapped in the rubble of the World Trade Center who dragged another man after him, only to have the rescued man get out of a narrow hole first and walk away without helping the first man.

This is a great book if you need an escape from winter.  
Firefly Books, 2009, hardcover, \$35.

## Winterfest January 22, 23 2010.



### Friday Night

Torchlight Parade  
Christmas Tree Burning  
Kid's Movie Night  
Youth Dance  
Hospitality  
Raffle tables



### Saturday

Lions Breakfast  
Cross Country Ski Trails events all day  
Diesel Dan Snow Hockey Tournament  
Euchre Tournament  
Outdoor Games  
Daycare Indoor games  
Geoff Stevens Dance



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Keep up to date on events @ [www.saublebeach.com](http://www.saublebeach.com)



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